



SIMPCW FIRST NATION



“People of the North Thompson River”

Integrated Case Management

A Collaborative Approach to Helping
Individuals and Families

Hello everyone,

I wanted to start off by providing you with an update with respect to the progress of the Integrated Case Management (ICM) Program.

A draft ICM document which will be used as a template for the program delivery has been submitted to the Health Board and we are in the process of using this outline in ICM conferences. It seems to be working extremely well.

A brief draft policy outline has also been developed and will be submitted to the health board for approval this month.

I am also in the process of offering training for health staff to ensure that consistency in the ICM process and how we deliver services. Other training opportunities will be offered to other staff followed by community members and then organizations that we will be working with. If you are interested in further information, please email Geri Matthew, Health Manager at healthmanager@simpcw.com or call the Simpcw Office and leave a message at 250 672-9995.

Although you may or may not know what Integrated Case Management is, I will provide a brief synopsis and outline of the program.

What is Integrated Case Management?

Integrated Case Management is a group of people coming together as a team to support others going through a crisis or who may be struggling with a variety of life issues.

Integrated Case Management is collaborative approach to working with people that involves a process of intake, planning, assessment, and advocacy to meet the individual's overall health needs.

This process takes place through communication and referrals to other resources that promote the well-being and best interest of the individual.

Integrated Case Management (ICM) is developed with the client and is a reflection of their choices and decisions for services.

The goal is to empower the individual in order to ensure that they are strong enough to make healthy decisions and participate in planning for the services needed with the case coordinator and team members as needed.

A few quick facts about Integrated Case Management

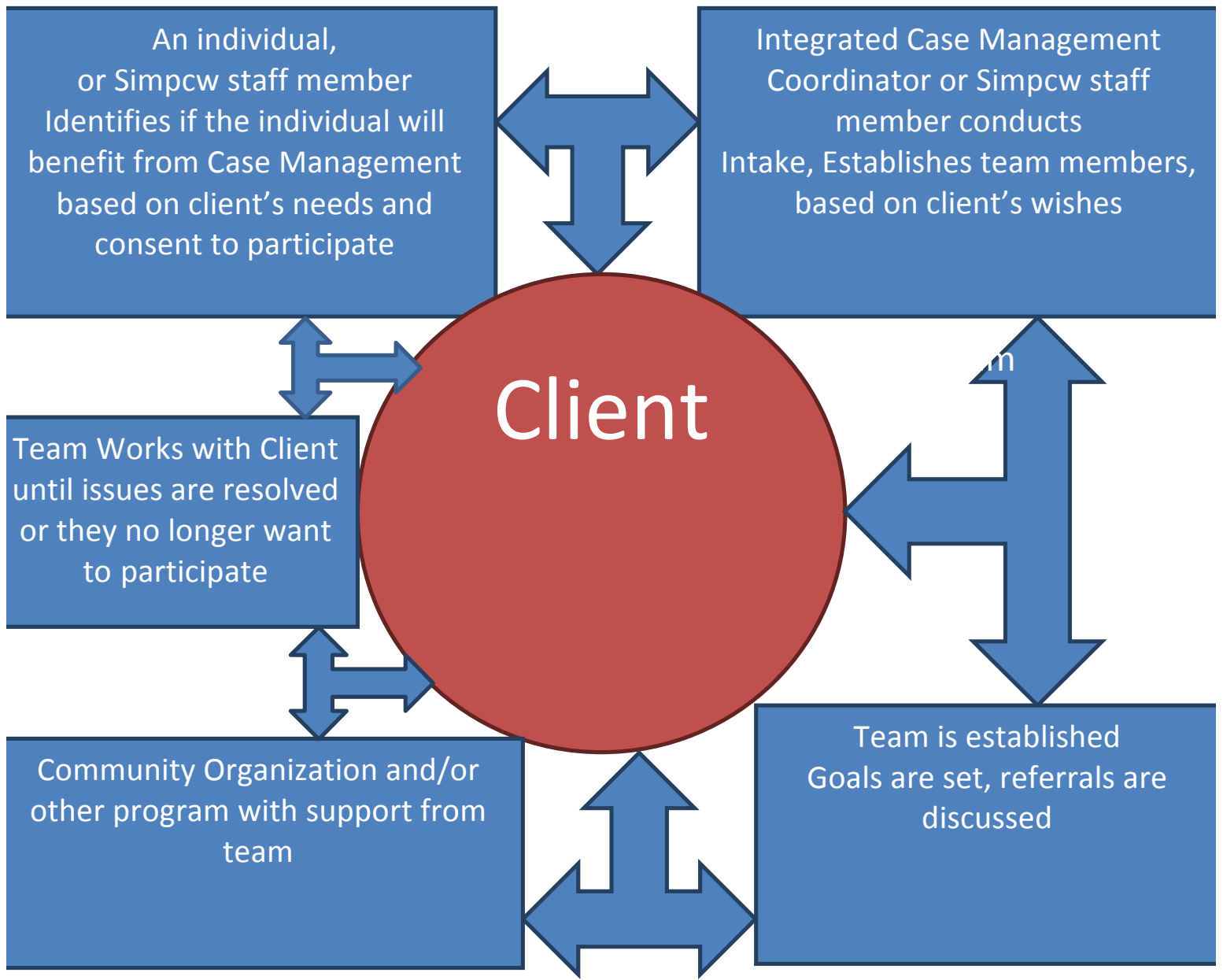
ICM is a Team approach as the client chooses who they want to be involved on their team, although it is necessary to establish a few core team members to ensure consistency.

Family members may be a part of the team, as well as, various Simpcw staff or other organizations if the client wants others involved.

A maximum of 60% of the team should be made up of professionals.

There is no power imbalance as each person on the team is equally as valued as any other person on the team.

The client is empowered as they are making the decisions about the direction they want their lives to take.



What is the process to become involved in the ICM program?

- The first step is to want to work on issues or problems that are important to you and that you find too overwhelming to work out on your own.
- You may contact the Integrated Case Management Coordinator, Kara-Lynn Bragg directly or Greg Eustache, Wellness Worker, Jeff More, Counsellor, Anfinn SiWallace, Social Programs, Geri Mathew, Health Manager, Katherine Semrick, Health Nurse or many other staff members to find out more information.
- You do not need a referral.
- You will need to fill out a consent form to work with us.
- If you are already receiving services from other Simpcw programs, the ICM process can assist you in achieving overall health and well-being.

For more information please contact: Geri Matthew, Health Manager, Simpcw First Nation 250-672-9995 or email at healthmanager@simpcw.com

[Note: Geri Matthew will be answering inquiries in the interim.](#)

The team looks forward to working with you.