

News Items from the office Of the CHW

The time is just zipping by, February already. Happy Valentine's Day to everyone.

Happy birthday wishes go to;

February 18th Eunice

At the elders planning meeting;

We would attend the lunches at Kamloops.

Lunch at TRU , March 19th.

We would do the spring craft fair, April 5th.

Every Wednesday, a craft session at the lounge.

See if we could take people to the Barriere Farmer's Market as vendors.

The bake sale was successful on the 23rd of January. The elders will hold a bake sale every third Weds. of the month. **Next one February 20th.**

We would like to thank everyone who baked and supported the sale. **Thank-you!**

I will be seen you soon, when I get out to do home visits.

If anyone wonders what I am up to, stop by and have a chat, I'll let you know.

We had about 15 people attend the Food Safe course, a very good turn out!

Hope to see you at the Career and Health Fair – February 14th at the Hall.

Thank you for your attendance at the candle light vigil Christmas Eve

13 people attended our Annual Candle Light Vigil. I'd like to express my gratitude to the Elders who attended and also 2 councilors. Each year we remember our loved ones and honor them with a ceremony of honor, songs, prayers and light candles. Holidays are difficult times and we gather to support one another with the ceremony, refreshments and balance the evening with fun and laughter with good ol' "Indian Bingo" everyone goes home with a lighter heart and a gift

THANKS

From Rose Miller.

On behalf of the elders thank you for your support at our bake sale, we will have one each month to fundraise for our travel.

Notice to Elders – Follow up from the Elders Meeting held Jan 10/08:

Concerns raised by the Elder's Meeting were brought forward to the Health board on Jan 24/08.

Promises were made to create changes to the elders care especially the in home care. The CHN is going to be contacting elders to see if you require any special needs such as bathroom helping aides etc. or home visits,

Any questions contact:

Bill 672 – 9797 or

Rose 672 – 0087

Representatives who spoke on behalf of all the elders that were present at the Jan 10/08 meeting.